







Opened in 2016,
The Paris Saint-Germain Academy
programmes across the United Kingdom offer
players the opportunity to train the Parisian
way, with an
'Open to All' philosophy.

Our Residential Programme at Rossall School offers players the chance to immerse themselves in the English culture within a traditional British school setting, whilst developing their football skills and knowledge.

Players train with UEFA Qualified coaching staff who also deliver workshops in Strength & Conditioning, Nutrition and Recovery to name a few. Pastoral & Welfare support is available 24 Hours a day.

Trips to local football stadiums such as Old Trafford, Anfield & The Etihad are also included within the programmes available.

Rossall School offers fantastic facilities for student athletes. These include Football pitches, Sports Centre, Swimming Pool and Tennis courts.

English courses are available and delivered by renowned language school Accord ISS.

Welcome to Paris Saint-Germain Academy England!

Dates Available: 6th July - 2nd August 2025

Age Groups: 8-12 & 13-17





Hot & Cold Buffet Salad & Fruit Station



Single & Twin Rooms Shared Bathrooms





Kit Included





1x Stadium Tour per week

Boys & Girls of all abilities





UEFA Qualified Coaching

















FOOTBALL & ENGLISH PROGRAMME



25 Hours of PSG Academy & ACADEM 15 Hours of English with Accord ISS



Full Board Accommodation on site 3 x Meals per day Water Stations available every day 24 Hour Supervision Welfare & Pastoral Staff Insurance



2 x Training Sessions per day Afternoon & Evening (No training on Trip Days)



Workshops in Nutrition, Strength & Condtioning, Stress Management, Game Analysis



1x Stadium Tour per week stay 3 x Stadium Tour per 2 week stay



English Language course delivered by Accord ISS Open to Beginners to Advance



PSG Academy England Certificate Player Report Card Accord ISS Course Certificate English Report Card

EQUIPMENTFootball & English Programme



PRO INTENSIVE CAMP 40 Hours of PSG Academy





Full Board Accommodation on site 3 x Meals per day
Water Stations available every day
24 Hour Supervision
Welfare & Pastoral Staff
Insurance



3 x Training Sessions per day Morning, Afternoon & Evening (No training on Trip Days)



Workshops in Nutrition, Strength & Conidtioning, Stress Management, Game Analysis Individual Data Analysis Player Statistics & Progress Report Small group sessions for maximum development



1x Stadium Tour per week stay 3 x Stadium Tour per 2 week stay



PSG Academy England Certificate Player Report Card



PRO INTENSIVE CAMP

25 Hours of PSG Academy + 15 Hours English





Full Board Accommodation on site 3 x Meals per day Water Stations available every day 24 Hour Supervision Welfare & Pastoral Staff Insurance



10 English Classes per week 2 x Training Sessions per day Afternoon & Evening (No training on Trip Days)



Workshops in Nutrition, Strength & Conldtioning, Stress Management, Game Analysis Individual Data Analysis Player Statistics & Progress Report Small group sessions for maximum development



1x Stadium Tour per week stay 3 x Stadium Tour per 2 week stay



PSG Academy England Certificate Player Report Card Language Course Report Card ACCORD ISS Certificate



DEPARTURE

EXAMPLE TIMETABLE 2025

	Time	Sunday (arrival day)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (departure day)	
	7.30am	0	0 7 X	Bre	Wake Up & Get Ready! eakfast For all Players & Coach Morning Meeting and Briefi				
	9.00am	Arrival	English Class OR Academy Football Session	English Class OR Academy Football Session	<u>Stadium Visit</u> Etihad Stadium OR Anfield Or	English Class OR Academy Football Session	English Class OR Academy Football Session	English Class OR Academy Football Session	
	12.30pm	•	Lunch	Lunch	Old Trafford	Lunch	Lunch	Lunch	
4	1.30pm	FREE	Agility Testing / Warm Up / Induction into Paris Saint- Germain Academy	Attack v Defence	City Visit / Souvenir Shopping	Utilising the Width & Depth of the Pitch	Nutrition Workshops	Academy Session	
	5.00pm		FREE TIME! Dinner For all Players & Coaching Staff						
	6.30pm	Multi Sports / Film night	Strength & Conditioning	Tactical Games	Multi Sports / Film night	Team Bonding Event	End of Week Awards Presentation	Strength & Conditioning	
	9.30pm		Bed Time / Hot Chocolate / Common Room						

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TRAVEL & TRANSFERS



Manchester or Liverpool Airport 1 Hour



Manchester Piccadilly Station 1 Hour 15 Minutes

